

Track Order of Events* High School / JH Combo Meets

4x800 Meter Relay

100-meter (30-inch) Hurdles - JH Girls

100-meter (33-inch) Hurdles

110-meter High (39-inch) Hurdles - HS Boys

100 Meter Dash

4x400 Meter Co-Ed Relay

1600 Meter Run

4x100 Meter Relay

400 Meter Dash

300 Meter Low (30-inch) Hurdles - HS Girls

300 Meter Intermediate (36-inch) Hurdles - HS Boys

800 Meter Run

200 Meter Dash

3200 Meter Run

4x400 Meter Relay

*Girls start first odd years. Boys start first even years.