

CAA Track and Field
 State Standards 2026 - 2028

EVENT	HS GIRLS	HS BOYS	JH GIRLS D.I	JH BOYS D.I	JH GIRLS D.II	JH BOYS D.II
100	14.64	12.69	15.68	14.54	14.44	13.25
200	31.34	26.00	33.31	33.74	31.68	27.61
400	1:19.24	1:03.40	1:17.47	1:12.80	1:16.66	1:04.50
800	3:04.36	2:34.47	3:13.31	3:10.48	3:10.37	2:49.36
1600	7:02.34	5:32.72	7:13.74	6:51.40	7:03.54	6:07.58
3200	16:00	13:09.56				
100H	25.63		25.30	24.12	24.30	21.37
110H		23.57				
300H	1:05.87	54.48				
SHOT	20-04.25	29-01	16-05	17-10	19-04	24-07.75
DISCUS	50-11	68-07	35-08	45-10	42-10	61-01
HIGH JUMP	4-00	5-02	3-08	4-00	3-08	4-06
LONG JUMP	11-03	15-05	9-11	12-00.5	11-11	13-05
TRIPLE JUMP	24-00	32-06				
JAVELIN	55-01	84-07				

PROVISIONAL QUALIFICATION