

EFFECTIVE 3/2/2015

TO BE DISTRIBUTED TO ALL CAA JUNIOR HIGH SCHOOL
ATHLETIC DIRECTORS & TRACK COACHES

CANYON ATHLETIC ASSOCIATION

Junior High School Track & Field

Hurdle Specifications

(Per Current USATF Guidelines & Hurdle Specifications)

	<u>BOYS</u>	<u>GIRLS</u>
Length of Race:	100m	100m
Number of Hurdles:	10	10
Hurdle Height:	33"	30"
Distance to First Hurdle:	13.00m / 42'-8"	13.00m / 42'-8"
Distance Between Hurdles:	8.50m / 27'-10 ½"	8.00m / 26'-3"
Distance to Finish:	10.50m / 34'-5 ½"	15.00m / 49'-2 ½"

IMPORTANT:

These Hurdle Specifications must be adhered to at all
CAA Track Meets for Junior High School events.

Junior High School Track Coaches & Meet Officials must verify
these Hurdle Specifications prior to the start of any race.