



Track Order of Events*

Junior High Only Meets

4x800 Meter Relay

100-meter Low (30-inch) Hurdles

100-meter High (33-inch) Hurdles

100 Meter Dash

4x400 Meter Co-Ed Relay

1600 Meter Run

4x100 Meter Relay

400 Meter Dash

800 Meter Run

200 Meter Dash

4x400 Meter Relay

***Girls start first odd years. Boys start first even years.**